

Optimal Health

Every day, our bodies maintain and protect 60 trillion cells. Your body depends on the proper nutrients to do this effectively so that you can feel and look great. Unfortunately, some of the most critical, basic nutrients may be deficient from our diets. While there are thousands of supplements crowding store shelves, no one product or juice can provide everything your body needs. So how do you choose?

First, we must understand that there are certain key nutrients that can help every cell remain healthy and function optimally. That's the key to Mannatech's Intelligent Supplementation™ philosophy. Mannatech's products help you maintain optimal health to improve your overall quality of life. Healthy cells help create healthy bodies.

Optimal Health System

Mannatech's Optimal Health System is to provide the body's cells with concentrated, standardized and stabilized sources of nutrients. Because your body can respond to them as food, it may be able to more completely and efficiently absorb and use the nutrients. Our four core products are designed to supplement what is sometimes missing in our modern diets.

- Mannatech's proprietary **Ambrotose®** complex is a blend of specific plant-sourced poly-saccharides that helps to maintain healthy blood lipid levels.
- **PhytoMatrix™** capsules, our patent pending vitamin mineral and phytochemicals supplement is the first supplement to offer combined standardized levels of plant-derived minerals, natural vitamin complexes and a blend of fully stabilized phytonutrients to nourish cells.
- **Ambrotose AO®** capsules offers antioxidant support which combines Ambrotose® complex and carefully selected antioxidants to help protect your cells from oxidative stress. In a clinical study, Ambrotose AO® capsules increased antioxidant protection almost 300% more than consuming **an additional** 5 servings of fruits and vegetables a day.**
- **PLUS** capsules enhance the immune system for maintenance of good health and help manage hormonal levels to maintain good bone health in post-menopausal women.

Mannatech has made it EASY to take these Optimal Health products by combining them into simple Optimal Support Packets(OSPs) you can drop into your purse or briefcase. Take one packet in the morning and one in the evening and you are on your way to a better quality of life. OSPs provide an advanced nutritional foundation for a healthy lifestyle.

While the Optimal Health System provides the best foundation for your daily nutritional requirements, Mannatech realizes that you may have special needs that may benefit from additional support.

- ImmunoSTART® lozenges help your immune system fight the effects of everyday stress, irregular sleep habits and poor diet.
- GlycoBears® chewables are formulated especially for young people, 13 years and older and deliver 26 essential vitamins, minerals and other vital nutrients they need in tasty berry and citrus flavours free of synthetic colors, flavours, sucrose and dextrose.
- MannaBears™ gummy-bears deliver the nutritional support of 10 dehydrated fruits and vegetables, including pomegranate juice, a known antioxidant. Made especially for young people, 13 years and older, they are sweetened naturally with cane juice crystals and tapioca syrup.

Mannatech offers the gift of hope for those who desire optimal health and an improved quality of life. Our Optimal Health System is an *Intelligent Supplementation™* approach – FOR YOUR FAMILY!

Feel great . . . Look great. . and live well. . EVERYDAY!

**Comparison of serum ORAC values obtained in two separate clinical studies.